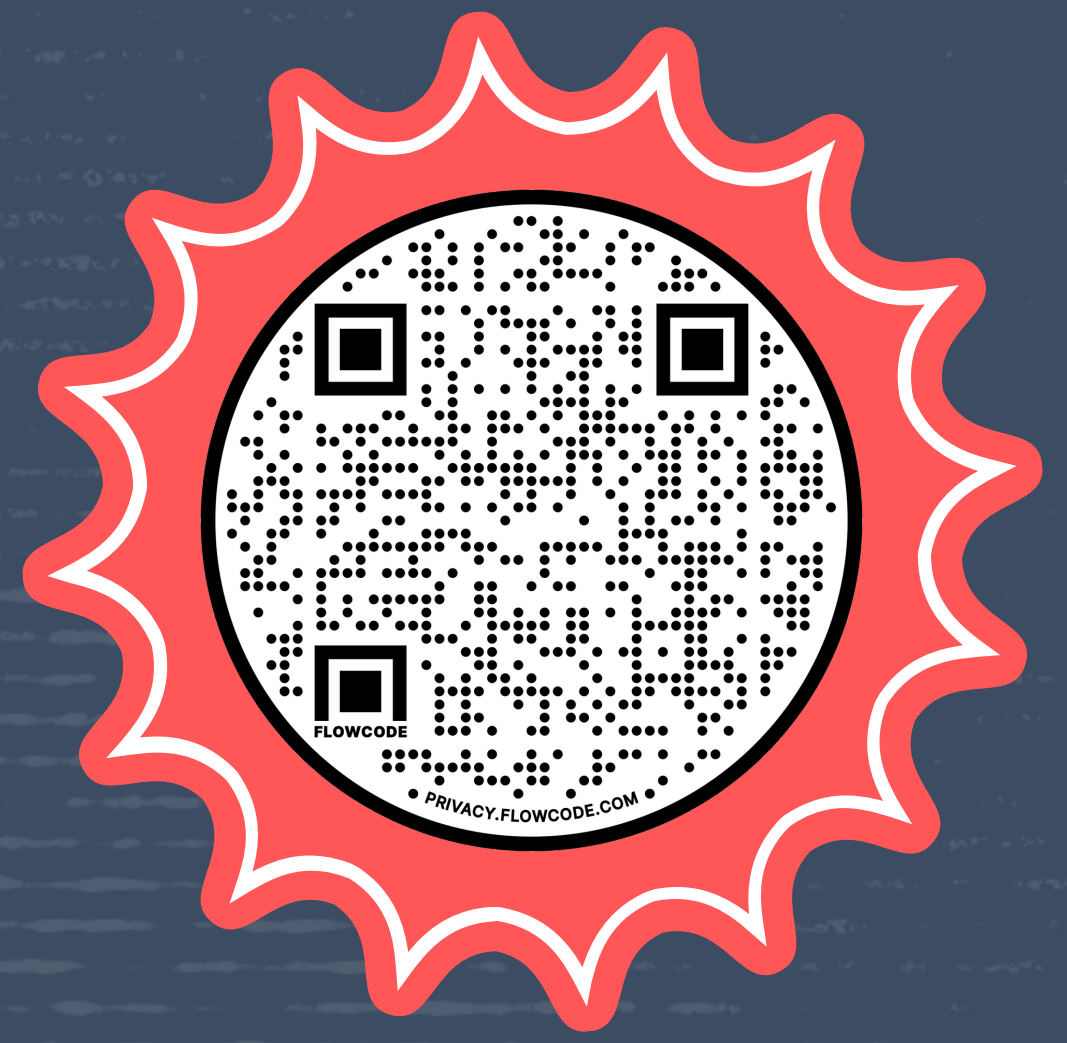


# READY. SET. RECORD.



OPEN TO ARKANSAS  
STUDENTS IN GRADES 7-12

SUBMISSIONS ACCEPTED AT  
[PROJECTPREVENTAR.ORG](https://PROJECTPREVENTAR.ORG)

**SEPTEMBER 5, 2023**  
**- JANUARY 12, 2024**

**MAKE A VIDEO BETWEEN 30-60 SECONDS ADDRESSING ONE  
OF THE FOLLOWING TOPICS**

- Demonstrate how you can be a *Game Changer* among your friends, family or people in your community to help them quit smoking and share credible resources for quitting
- Encourage young people to live healthy lives by never using tobacco or nicotine products like vapes or dip
- Demonstrate how you can *Change the Game* around tobacco and nicotine use by living tobacco and nicotine free and encouraging them to do the same

