

## ONE E-CIGARETTE POD EQUALS UP TO A PACK OF CIGARETTES.

Vaping addicts you to nicotine, which can lead to all kinds of health problems. In fact, it's been shown to prematurely age a teen's lungs to those of a 70-year old. Learn more about the hazards of vaping at **ProjectPreventAR.org**.









## VAPING PREMATURELY AGES TEEN LUNGS.

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## VAPING EXPOSES TEENS TO TOXIC CHEMICALS.

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