

WE SPEAK!

My Reason to Write.

Make your voice heard loud and clear.

POEM • ESSAY • LYRICS

**Describe the ways you can live
tobacco- and nicotine-free.**

PROJECT GUIDELINES

Open to students in grades 2–8, with judging broken down into three categories:

1. **Grades 2–3**
2. **Grades 4–6**
3. **Grades 7–8**

- The essay or poem/lyric should focus on the supplied theme topics.
- All essays or poems/lyrics must be written by the students.
- Essays should be no more than 450 or 750 words depending on the grade level.
- Lyrics and poems should be between 100–150 words or 12–20 lines.
- Lyrics should include two verses and a chorus.
- Entries that are graphic or violent in nature will not be eligible.

Challenge friends to join the conversation!

ESSAY ENTRIES

Grades 2–3: 200–300 Words
Grades 4–6: 300–450 Words
Grades 7–8: 450–750 Words
1st, 2nd & 3rd Place Awards

LYRICS/POETRY ENTRIES

Grades 2–3: 100–150 Words (two verses & a chorus/lyrics)
Grades 4–6: 100–150 Words (two verses & a chorus/lyrics)
Grades 7–8: 100–150 Words (two verses & a chorus/lyrics)
1st, 2nd & 3rd Place Awards

HOW TO ENTER

Beginning January 6, 2020,
students may submit their
entries at **projectpreventar.org**.
(Entries may also be mailed or e-mailed.
See Poster for details.)

SELECTION CRITERIA

A third party will judge all entries. Winners will be announced **Friday, May 1, 2020, at 5 p.m.**

*Entries must be received before
Friday, April 10, at 5 p.m.*

Judging will be based on the following criteria:

- Creativity
- Effectiveness/Accuracy of Message
- Ethics/Good Taste
- Quality of Writing