

# READY. SET. RECORD.

Submissions Accepted  
**SEPTEMBER 9, 2019 -  
DECEMBER 15, 2019**

**MAKE A 30-SECOND VIDEO ABOUT  
BEING TOBACCO-FREE. TOPICS MAY  
INCLUDE, BUT ARE NOT LIMITED TO:**

- **Living tobacco free and encouraging others to do the same**
- **Educating others about the harmful effects of tobacco and nicotine, including e-cigarettes**

The project is open to students in grades 8-12. Submissions will be accepted electronically beginning September 9, 2019 through December 15, 2019.

To learn more about READY.SET.RECORD. RULES and PRIZES, contact Project Prevent at:  
[www.healthy.arkansas.gov/programs-services/topics/project-prevent-youth-coalition](http://www.healthy.arkansas.gov/programs-services/topics/project-prevent-youth-coalition)



**PROJECT  
PREVENT**  
PREVENTION • EDUCATION • LEADERSHIP

 **Arkansas  
Children's**  
HOSPITALS • RESEARCH • FOUNDATION

 **Your  
Tobacco  
Settlement  
Dollars at  
Work**

Photo: <https://www.tobaccofreekids.org/>